

Mental Health SIP

Reducing Restrictive

Southern Health

Juniper Ward is a 18 bedded NHS male acute ward with a further 6 MOD speciality beds.



Practice

What does safety mean to you?

- Making sure I'm safe and positive and ensuring others feel the same about me in the community.
- Safety from harm - from physical harm - from yourself or from other people
- Freedom to do what I like and some feeling of safety
- Being safe whilst ill, looked after when perhaps you cannot look after yourself.
- Safety is being protected from the likelihood and unlikelihood of an accident, injury, or risk of harm.

We have been working with the men on the ward to better understand what safety means to them. A peer support worker sought feedback using the Safety Climate Survey: [Safety Climate Survey - Healthcare Improvement Scotland](#)

'My own anxiety made me feel unsafe, but the staff made the atmosphere feel safe'.

'Brilliant, felt like I was in a very safe environment'

@JuniperWardNHS

@NatPatSIP / @MatNeoSIP

www.improvement.nhs.uk